



200HR Yoga Teacher Training Application | SATYA Registered Yoga School

Namaste, dear Yogi. We welcome you to this transformative journey of developing a deeper understanding of yoga, while experiencing a personal transformation of rediscovering your inner light, truth, and authenticity.

PLEASE PRINT CLEARLY (or type)

Full Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone (day): _____ (cell) _____

Email: _____ Birth Date: _____

Emerg Contact Name: _____ Emerg Contact Phone: _____

Relationship: _____ Emerg Contact Email: _____

Describe your current yoga practice. Why do you practice yoga? How long have you been practicing? How often do you attend studio classes? Do you have a home based practice? What styles have you practiced?

What inspired you to apply for a Yoga Teacher Training Program?

What are your hopes and/or ideal outcomes from taking our Teacher Training? Are you interested in teaching and/or self-exploration?

What do you perceive to be your greatest gifts, that may apply, as a student and/or teacher of yoga?

What do you perceive to be your greatest challenges that may unfold as a student and/or teacher of yoga?

Describe any physical health: Injuries, medical conditions or concerns that you have:

Have you attended any past yoga teacher training? If so, when and where?

How did you learn about our training?

Internet Search ____ Facebook ____ Instagram ____ Friend ____ Yoga Teacher ____ Other ____

Name of friend, teacher, or other method : _____

Is there anything else that you would like to share at this time?

Please choose your preferred payment method (*all prices listed are subject to HST*):

☐ **Option 1:** Early Bird Rate: \$3400+ HST --\$3400+ HST due upon acceptance. Early Bird ends on September 1st, 2026

☐ **Option 2:** \$3600+ HST -- Deposit of \$800+ HST upon enrollment + 2 equal payments of \$1400+ HST due: Oct 1st/26 + Feb 15th/27

☐ **Option 3:** \$3800+ HST -- Deposit of \$800+ HST upon enrollment + 6 equal payments of \$500+ HST due: Oct 1st/26 + Nov 15th/26 + Feb 15th/27 + Mar 15th/27 + Apr 15th/27 + May 15th/27

**Monthly payment plan (or alternative) options available upon request*

**Tuition pricing includes Satya 200-Hour training manuals, and 20 in-studio classes*

**Tuition/payments are non-refundable*

Applicant Signature: _____ Date: _____

Thank you for your interest in our 200 hour YTT! To secure your position in our Satya Teacher Training, please email, or drop off your completed application form, along with your \$50 +HST non-refundable deposit to: info@yloft.ca or: The Yoga Loft

10 Lindsay St. S. 2nd Floor
Lindsay, ON K9V 2L6